

Babies and Toddlers (Ages 1-3)

6:00 AM - 8:00 AM: Early Arrival and Free Play

- Children arrive and engage in free play activities.
- Parents/guardians sign in.
- Quiet activities such as puzzles, books, and drawing are available.

8:00 AM - 8:30 AM: Breakfast

- Nutritious breakfast provided.
- Children are encouraged to practice self-help skills during meal times.

8:30 AM - 9:00 AM: Morning Circle Time

- Group gathering for songs, stories, and discussion of the day's activities.
- Calendar and weather discussions.
- Introduction to the day's theme or special activities.

9:00 AM - 10:00 AM: Learning Centers and Activities

- Rotating centers including art, sensory activities, and simple math/literacy games.
- Hands-on, play-based learning experiences.

10:00 AM - 10:30 AM: Morning Snack

- Healthy snack provided.
- Social interaction and conversation encouraged.

10:30 AM - 11:30 AM: Outdoor Play

- Physical activities and free play outside.
- Activities may include structured games, playground time, and nature exploration.

11:30 AM - 12:00 PM: Music and Movement

- Singing, dancing, and musical instrument exploration.
- Activities to promote gross motor skills and coordination.

12:00 PM - 12:30 PM: Lunch

- Nutritious lunch provided.
- Children practice table manners and social skills.

12:30 PM - 1:00 PM: Quiet Time/Story Time

- Children relax with a story or quiet activities.
- Preparation for nap/rest time.

1:00 PM - 3:00 PM: Nap/Rest Time

- Quiet rest period for all children.
- Non-sleepers may engage in quiet activities after a rest period.

3:00 PM - 3:30 PM: Afternoon Snack

- Healthy snack provided.
- Social interaction and conversation encouraged.

3:30 PM - 4:30 PM: Afternoon Learning Centers and Activities

- Continuation of morning centers or special projects.
- Focus on creative arts and sensory play.

4:30 PM - 5:00 PM: Outdoor Play

- Physical activities and free play outside.
- Activities may include structured games, playground time, and nature exploration.

5:00 PM - 6:00 PM: Group Activities and Clean-Up

- Group games, storytelling, or cooperative activities.
- Children participate in clean-up and organization.

6:00 PM - 8:00 PM: Dinner, Late Pick-Up and Free Play

- Dinner provided.
- Free play activities until departure.
- Parents/guardians sign out.
- Quiet activities such as puzzles, books, and drawing are available.